

Narrative Review Article

Polyethylene Terephthalate Induced Oxidative Stress in *Chlamydomonas reinhardtii*: Implications for Intracellular Response Pathways and Ecosystem Health

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ABSTRACT

Polyethylene terephthalate (PET) is a cheap and versatile plastic used primarily in textiles. We dispose of it as solid waste and in wastewater. It degrades into microplastics and decomposes into small molecules. This review explores recent studies on the impact on green algae of PET microplastic pollution in freshwater and soil. Using the example of the unicellular alga *Chlamydomonas reinhardtii*, a model organism for photosynthetic eukaryotes. The analysis explores mechanisms and outcomes of reactive-oxygen-species (ROS) generation, lipid peroxidation, and disrupted electron transport leading to impaired photosynthesis. Although most prior studies have targeted PET additives or dyes, evidence increasingly suggests that the PET polymer and its monomeric fragment, terephthalic acid, are not inert but ecotoxic. Proposed pathways link PET photodegradation and metal-chelation chemistry to benzoquinone formation and chronic cellular oxidative stress. Yet existing data remain fragmented: few studies address decomposition kinetics, ion binding, or ecosystemic feedback in complex natural conditions. The article concludes that advancing quantitative, system-level models of PET impact—and implementing stricter controls on PET dispersal through wastewater and biosolids—is essential to mitigate growing biospheric and economic risk.

Keywords: Microalgae; Polyethylene terephthalate; Terephthalic acid; Microplastics; Pollution; Oxidative Stress

INTRODUCTION

Regulation of plastic waste in most countries is focused on macroplastics, particles larger than 5mm. In the US, the Microbead-Free Waters Act of 2015 has banned the addition of microplastics (less than 5mm) to cosmetics (1), and the European Union has introduced

widespread controls on the use of microplastics in products (2). New EU regulations in 2025 set standards and monitoring for both industrial and urban wastewater: by 2028, polluters will be required to pay microplastics removal costs (3). Particles smaller than 1mm are termed nanoplastics and remain virtually unregulated worldwide (4).

Due to their minuscule size, microplastics have the potential to disrupt the physiology of all organisms through mechanisms such as biosynthesis disruption, DNA damage, and oxidative stress (5, 6). Research has focused on microplastics' disruption of animal physiology, additionally, finding neurological

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degeneration, endocrine disruption, and immune system suppression (7).

The third largest non-industrial source of microplastics, after paints and tires, is textiles and geotextiles. An estimated 60% of all textile fiber globally is polyester, and of this 60% is polyethylene terephthalate (PET) (8). Annual production of PET has increased by an average of 6% over the past decade, and this growth is expected to continue (9). PET is not only representative of microplastics in general but is becoming the most abundant microplastic on account of its low cost, superior fiber properties, and short usage lifespan. As PET is so inert in normal, it has been assumed to be safe. However, research has emerged that PET microplastics are detrimental to ecosystems, and some of the mechanisms and pathways have been explored; significant gaps remain in the research, which prevents any meaningful modelling.

PET MICROPLASTICS IN THE ENVIRONMENT

The PET cycle

As we wear and wash synthetic clothing, these plastic fibers break down, through abrasion and degradation, into microplastics. Rapidly increasing quantities of PET fragments enter aquatic ecosystems through these three vectors: wastewater effluent, landfills, and biosolids land application (10, 11). Domestic washing machines emit approximately 68 mg of microplastics per cubic meter as gray water into sewage systems (12). Wastewater treatment facilities are not designed to remove microplastics: studies show primary treatment entraps 46-82%. A meta-study of 54 plants found that after all five treatment stages, only 88% of particles were removed, with a persistence of short microfibers in post-treatment water (9, 13, 14, 15). 99% removal is achievable with the latest capture and disposal technologies, but adoption requires regulatory standards. The filtrate from wastewater treatment, called gray sludge, is commonly either sent to landfill sites or applied to farmland from where soluble leachates can percolate into groundwater, and particles can escape directly into rivers via surface run-off (16, 17).

In the US, 60% of gray sludge is applied as agricultural fertilizer and is largely unregulated. Maine banned the practice in 2022 because of PFAs, and there is an ongoing campaign to establish national controls (18). Research has found that soil treated persistently with microplastic-containing wastewater or sludge

experiences degradation and ultimately declining crop yields. (19, 20, 21) Alarming, 25 years after a single biosolids land application, a longitudinal study found a negligible decrease in soil microplastic count, only a reduction in particle size (22). This fact suggests that even banning sludge cannot remediate the harm already done and the prospect of declining agricultural productivity (23).

A bellwether species: *Chlamydomonas reinhardtii*

Although green algae differ in some regulatory mechanisms and metabolic flux patterns, they share the same fundamental photosynthetic pathways with higher plants, including the Calvin-Benson cycle and electron transport systems (24), and the speed of unicellular microalgal propagation lends them to *in vitro* study. One well-researched species is *Chlamydomonas reinhardtii* – the focus of this review. It is highly photosynthetic, found in lakes and in soil, and therefore offers insight into the mechanistic and physiological effects of both aquatic and agricultural contamination. Its genome is fully sequenced, with a rich library of mutants, so variations in biochemical pathways can easily be identified. As a consequence, sufficient studies have been conducted on the influence of PET on *C. reinhardtii* to verify that its metabolic impact is significant and to identify a range of mechanisms. It is to these that we now turn.

PET exposure impacts *C. reinhardtii* through four main modes: physically, biochemically, osmotically, and through oxidative stress. Oxidative stress has dominated research, partly because imaging techniques are well developed, and partly because reactive oxygen species (ROS) pathways in algae bear similarities to higher eukaryotes, including humans. Even from these studies, the exact causation of ROS by PET remains hypothetical and unquantified. First, therefore, we will turn to physical, biochemical, and osmotic modes of impact.

MECHANISMS OF PET IMPACT ON *C. REINHARDTII*

Physical impact of PET on *C. reinhardtii*

Microplastics form a physical barrier to photosynthesis, blocking or scattering light (P1). In *C. reinhardtii*, photosynthesis inhibition correlates with plastic microparticle concentration, which might suggest shading (P2) as a mechanism, but it is inversely proportional to particle size, indicating surface area as the causal factor: shading is not the only explanation

and may not even be the main mode (26). Several studies have found that PET microplastics caused damage to the cell walls of microalgae (P3), including *C. reinhardtii* (P3) (27, 28, 29).

Microplastics often accumulate a biofilm (P4) comprising leachates and excreted algal proteins and polysaccharides (30). This film can adhere to algal cell walls, potentially impeding movement and osmosis (29). Higher plant mycorrhiza are dependent on helper bacteria in biofilms on soil particles; these bacteria seem to be particularly sensitive to microplastics such as PET, and their decline influences plant nutrition both physically and chemically (31). Despite their economic importance, there is a major gap in research on modelling biofilms in mycorrhizal ecosystems. Symbiotic relationships with soil bacteria have been demonstrated for *C. reinhardtii* (32, 33), suggesting its suitability for *in vitro* studies.

Biochemical impact of PET on *C. reinhardtii*

PET fiber, like most plastics, contains additives and dyes that can also be less than benign. Many of these are common to or even originate from other plastics and need not be discussed here, such as bisphenol-A and phthalates, and inorganic fillers and pigments (34). Likewise, chain extenders (e.g., pyromellitic dianhydride, PMDA), toughening agents (e.g., styrene-ethylene-butylene-styrene terpolymer functionalized with maleic anhydride, SEBS-g-MA), and impact modifiers (e.g., ethylene-ethyl acrylate-glycidyl methacrylate terpolymer (E-EA-GMA), ethylene-ethyl-acrylate (EEA)) are widely used in PET fiber production (35). Neither are these unique to PET nor have their bioactivity or ecotoxicology been sufficiently studied (36). Much PET fiber includes recycled PET packaging material containing the additive Anthranilamide (2-aminobenzamide) (37) which is a hazard 4 oral toxin (38). This molecule has been found to inhibit ADP-ribosylation and, although unstudied in algae or plants, it is therefore unlikely to be benign to any eukaryotic lifeform (39, 40, 41, 42). However, PET itself is considered chemically inert.

This consensus is because, at ambient temperature and without a combination of sunlight and water, PET depolymerizes at a negligible rate (43). UV B, however, excites carbonyl groups and cleaves the ester bonds that bind the monomer units (44). The resulting photooxidation cascade is Bis(2-hydroxyethyl) terephthalate (BHET), then Mono(2-hydroxyethyl) terephthalate (MHET), and the end-products are

PET's primary monomers, terephthalic acid (TPA) and ethylene glycol, plus carbon dioxide and oligomeric esters: all these molecules are presumed to be biologically inert and readily metabolized by certain bacteria (45).

ROS, however, hydroxylate with TPA to initially form 2-hydroxyterephthalic acid (H2BDC-OH), and then 2,3-dihydroxyterephthalic acid (2,3-DHTPA). These both fluoresce detectably and are used as ROS diagnostic reagents (46). Both acids have a pH of 2 to 4 and are registered as class 4 acute oral toxicants and irritants to humans (47). Although their phytotoxicity has not been studied, both acids chelate cations (O2) and potentially disrupt phospholipid membranes, mechanisms deserving investigation. Theoretically, Zn²⁺, Cu²⁺, or Fe³⁺ chelated 2,3-DHTPA could self-catalyze (in the Fenton cycle) to generate ROS or to produce the potentially cytotoxic 2,3-benzoquinone-1,4-dicarboxylic acid (48).

Limited studies, some unpublished, have suggested that TPA itself, which has no toxicological registration, is not benign to animals, chelating calcium, raising the levels of two types of protein we shall introduce below, MDA and SODs, and causing hyperplasia and tumors in rats (49, 50, 51, 52). TPA's material safety was originally asserted on the basis of a lack of published experimental data and now flies in the face of the facts (53).

As PET microplastics weather, surface area increases markedly through roughening, fibrillation, fragmentation, and pitting: simulated marine weathering of polyethylene and polypropylene found a tenfold increase of surface area over 12 months (54) – and similar morphological changes in PET have been identified (55); however a formulaic relationship between surface area and aging remains to be established for PET microfibers.

Osmotic impact of PET on *C. reinhardtii*

Primary microplastics' small size and large surface area to volume ratio enable them to readily absorb ions and carry significant surface charges (56), to which unicellular organisms are particularly sensitive. Xia, Yu, *et al.* (57) found that water–solid contact electrification, a charge transfer phenomenon, spontaneously generates abiotic reactive oxygen species (ROS) even in pure water. Studies show that surface charges selectively chelate high-charge-density cations and increase ionic interactions with functional groups at the cell wall. ROS and cation absorption is increased, at the expense of anion absorption (O1). Consequences include growth inhibition and cellular damage (58, 59, 60).

Having identified PET biodegradation and electrification as plausible mechanisms of ROS generation, with particle surface area as a key catalyst, we turn to oxidative stress. (Figure 1)

OXIDATIVE STRESS PATHWAYS AND RESPONSES

ROS and oxidative stress

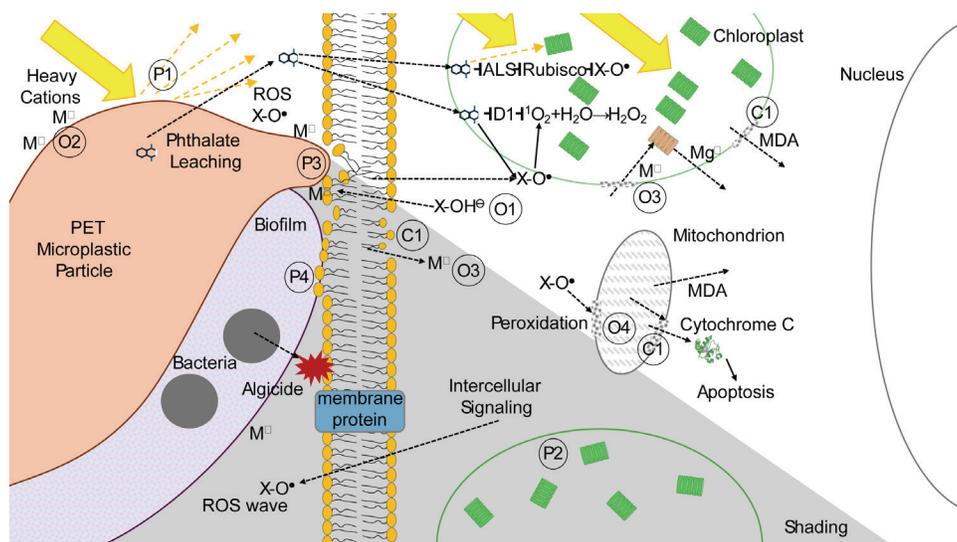
Although much literature on microplastic bioactivity treats ROS, reactive oxygen species, as a homogenous class, it is important to differentiate between the main types: hydroxyl radicals, peroxides, superoxides, and singlet oxygen. Organelles vary in sensitivity to types and levels of ROS, and these relationships need to be quantified if we are to model their physiological impact.

Here we focus on three well-researched aspects – the effects of oxidative stress on cell membranes,

and on photosynthesis, where there remain significant knowledge gaps, then on intra- and intercellular stress responses and signaling.

Oxidative effects of PET on membrane integrity

Cell membranes are sensitive to oxidative damage, and PET exposure of *C. reinhardtii* cells has been shown to induce extensive cell wall disruption and cell shrinkage (61). When oxygen free radicals accumulate, they interact with polyunsaturated fatty acids and produce lipid free radicals. These lipid free radicals then form peroxidized free radicals, which initiate a chain reaction among surrounding polyunsaturated fatty acids, a process known as lipid peroxidation. Lipid peroxidation at the cell membrane decreases membrane potential and may also increase membrane permeability to ions and ROS, with heavier cations directly causing ROS. Excessive intracellular lipid peroxidation causes



Key:

Symbol	
.....→	Migration
→	Causation
→	Transformation
⊥	Inhibition
▶	Increase
X-O•	Reactive oxygen species
C1	Lipid Peroxidation
<chem>C1=CC=C(C=C1)C(=O)OC</chem>	Phthalate
P1	Light Scattering
P2	Shading, photoinhibition
P3	Physical damage
P4	Biofilm adhesion
O1	Anion loss
O2	Cation chelation and concentration
O3	Heavy cation permeation
O4	Mitochondrial membrane permeability

Figure 1. Modes and mechanisms of PET microplastic impact on *C. reinhardtii*, generated by the author.

mitochondrial membrane permeability (O4), loss of mitochondrial osmoregulation, and the release of apoptogenic proteins, such as cytochrome C, which initiate the apoptotic cascade leading to cell death (62).

Peroxidation also triggers the release of malondialdehyde (MDA), an indicator of oxidative stress (63, 64, 65, 66). Counterintuitively, studies show lipid accumulation, rather than lipid depletion, induced by PET (23). Wang Liufu, *et al* (67) explained that in *C. reinhardtii* and certain other species of microalgae, oxidative stress activates or upregulates genes responsible for lipid biosynthesis.

In *C. reinhardtii*, ROS stress tolerance varies among the cellular organelles, each requiring separate evaluation. Organelles that are most susceptible to ROS disruption are mitochondria, chloroplasts, peroxisomes, and the endoplasmic reticulum. Mitochondria contain the citric acid cycle and the electron transport chain, which are both sensitive to stress-induced intracellular signaling and to homeostatic imbalance of ions and small molecules (68).

Oxidative effects on photosynthesis

A common indicator of ROS-induced photosynthetic stress is reduced chlorophyll luminescence (69). This phenomenon has been observed in *C. reinhardtii* colonies exposed to PET, with oxidative damage to photosystems, other organelles, and cell membranes (45). Photosynthesis in *C. reinhardtii* is broadly analogous with higher plants with two exceptions: first, while the primary pathway for carbon-fixation is the Calvin-Benson Cycle (“C3”), the Hatch-Slack pathway (“C4”) is absent (70); second, it has a complex CO₂-concentrating mechanism (“CCM”) at pyrenoids, bodies within the chloroplast which concentrate CO₂ in response to low CO₂:O₂ ratios. The CCM is coordinated by CIA5, which activates around 600 genes, and is signaled by H₂O₂ alone, it being irresponsive to other ROS species (71, 72).

Normally, H₂O₂ is produced from superoxide radicals (O₂⁻) by superoxide dismutase (“SODs”), particularly FeSOD and MnSODs (73). SODs can be inhibited by excess Cu or heavy metals (O3) and by two species of ROS, peroxyxynitrite (ONOO⁻) and hydroxyl radicals (·OH). Studies have shown total SOD levels to be elevated under PET micro- and nanoplastic exposure, with superoxide identified as the trigger (74). It is not yet known whether the balance between FeSOD (FSD1 gene) and five different MnSODs (MSD1-MSD5 genes) are affected (74). In summary, the CCM would appear relatively robust to PET-induced oxidative

stress and could act as a proxy indicator of superoxide accumulation.

In the chloroplast, carotenoids transfer absorbed light energy to chlorophyll during light harvesting, while under excess light conditions, excited chlorophyll can transfer energy to carotenoids for photoprotective quenching, after which chlorophyll channels energy into the photosynthetic electron transport chain (75). Under normal photosynthetic conditions, electrons flow efficiently from photosystem II through the electron transport chain to photosystem I, maintaining optimal cellular redox balance. However, electron acceptors become disrupted during light stress (excess light or photoinhibition), particularly when the D1 protein of photosystem II is damaged or when the oxygen evolving complex (OEC) is compromised. Under such conditions, electron acceptors (QA and QB) become over-reduced, leading to charge recombination within the photosystem II reaction center that generates triplet-state chlorophyll (³Chl). This energized triplet chlorophyll then transfers energy to stable triplet molecular oxygen (³O₂), creating highly reactive singlet oxygen (¹O₂) through a process called triplet-triplet energy transfer (76).

PET-exposure itself has not so far been linked to these mechanisms of disruption, however other plastic leachates, bisphenol-A and the phthalate DEHP, are known to inhibit D1, binding to its QB site in photosystem II. (77, 45). This triggers a cascade resulting in “electron leakage” and superoxide production in PS I, resulting in further PS II damage (78). PS II compromise causes electrons to over-reduce the plastoquinone pool between PS II and the cytochrome b₆f complex, which becomes saturated with electrons (79). Electron flow from cytochrome b₆f to plastocyanin continues to PS I, where electron acceptors become over-reduced: A₁ phylloquinones, iron-sulfur clusters (Fx, FA/FB), and ferredoxin (80). Consequently, excess electrons transfer to molecular oxygen to generate superoxide anion radicals (O₂⁻) via the Mehler reaction (81).

Singlet oxygen is primarily handled by physical or chemical quenching by carotenoids (82); a second line of defense is at the thylakoid membrane by ¹O₂ scavengers such as tocopherol and plastoquinol (72). *C. reinhardtii* has specific responses to singlet oxygen: the SAK1 protein becomes progressively phosphorylated, upregulating further singlet oxygen-responsive genes, including GPXH and GSTS. These mechanisms mitigate the risk of positive feedback from ¹O₂ damaging cell membranes, denaturing proteins, and further exhausting the capacity of electron acceptors (83).

Oxidative effects on C3

The outputs of the electron transport chain, ATP and NADPH, are produced at the thylakoid membrane directly into the cell stroma as inputs to the Calvin-Benson Cycle (C3) (84). NADPH acts as a reducing cofactor to fix CO₂ from the CCM into organic compounds. Rubisco binds to RuBP and incorporates CO₂ to produce 3-phosphoglycerate, which is converted to glyceraldehyde-3-phosphate (G3P), a precursor for cellular lipids, carbohydrates, and proteins (85, 86). The capacity of Rubisco and RuBP availability represents a limiting factor in photosynthetic efficiency (87). Inhibited carbon fixation causes electron leakage at PS I, generating superoxide radicals and other ROS species that eventually overwhelm cellular antioxidant defenses (64). This degrades the Rubisco large subunit (LSU), further impairing CO₂ fixation capacity (88, 89). Under sustained oxidative conditions, the amino terminus of the damaged LSU binds with RNA molecules, causing translational arrest that prevents new Rubisco assembly (88). This creates a destructive feedback loop where impaired carbon fixation generates more electron transport overload and ROS production, which causes additional Rubisco damage, progressively crippling the cell's photosynthetic capacity and leading to metabolic collapse.

C3 enzymes contain cysteine residues that are crucial for light-dependent activation and inactivation (89). Under normal conditions, glutathione reversibly attaches to these cysteine residues, preventing oxidative damage (79). Once oxidative stress exceeds the protective threshold, cysteine residues become irreversibly oxidized, causing permanent enzyme inhibition and altered protein structure (90). As cellular antioxidant capacity is overwhelmed, Glutathione is depleted, inhibiting chlorophyll synthesis and accelerating chlorophyll degradation (27, 91). This depletion deactivates acetyl-CoA carboxylase, disrupting fatty acid synthesis essential for chloroplast thylakoid membrane formation. Experimental evidence confirms that PET exposure induced oxidative stress followed by decreased chlorophyll synthesis in *C. reinhardtii*, creating a cascade of irreversible metabolic damage that ultimately compromises the cell's photosynthetic machinery and membrane integrity (26, 27, 92).

Oxidative stress response pathways and acclimatization

Oxidative stress is a phenomenon that occurs when ROS free radical concentration exceeds the capacity of

a cell's damage-mitigating antioxidants. ROS are not necessarily detrimental and are used as signaling agents in some instances. At lower levels, 0.2-2% of electrons flowing along the transport chain react with ROS, activating multiple intracellular signaling pathways. At higher levels of ROS, oxidative stress and damage in *C. reinhardtii* are mitigated by enzymes such as superoxide dismutases (Cu-SOD and Mn-SODs), catalase (CAT), and peroxidase (Px). PET exposure has caused increases in both MDA and SOD (93, 94, 95). Alongside these indicators, other assays of oxidative stress and ROS are available, with individual strengths and weaknesses as highlighted in Table 1. Most ROS assays are either costly or do not differentiate types of ROS. This non-specificity towards exact ROS leads to vague results, as ROS are a broad category, which can lead to misleading conclusions. Additionally, many assays are susceptible to photobleaching caused by positive feedback and autocatalysis of ongoing reactions. Fluorescent imaging techniques are compromised by low sensitivity due to background noise, partly from 2,3-DHTPA (96). These limitations hinder the evidentiality of such research and will be discussed below.

Oxidative damage arises through Fenton's reaction, where H₂O₂ and Fe²⁺ ions react and create an ·OH radical (97). In the peroxisome, the enzyme CAT mitigates oxidative damage by catabolizing H₂O₂ into ³O₂, reducing ROS levels, averting both damage to electron acceptors and depletion of ROS-scavenging reducing agents (97, 64). *C. reinhardtii* possesses about 20 known ROS-activated genes. Expression of the gene GPXH, for example, is up-regulated by oxidative stress, inducing production of the enzyme GPX5, which catalyzes the reduction of H₂O₂ into H₂O (98, 99). One stress response, the PSBP2 protein, may be unique to *C. reinhardtii* (98): Semin, Boris K., and Lira N. Davletshina demonstrated that the presence of the PSBP2 protein markedly increases ³O₂ generation (oxygen evolution) and the substitution of Mn cations with Fe cations (100). These adaptive responses are, however, finite, as ROS-scavengers become depleted and organelle damage accumulates. Intense or prolonged oxidative stress will initially lead to impaired cell viability and eventually to cell death.

Extracellular stress response

When exposed to ROS, microalgae have been proven to signal to surrounding organisms using so-called "ROS waves". Stressed cells emit superoxide (O₂⁻), which undergoes disproportionation to form H₂O₂ and

Table 1. The different types, methods, and limitations of ROS assay techniques, collated by the author

ROS Measured	Assay Technique	Process	Indicator	Limitations	References
Superoxide Radical Anion	Fluorescence	Hydroethidium reacts with superoxide to form a detectable fluorescent product	Wavelengths of fluorescence	This assay has low specificity and detects multiple ROS rather than one	131, 132
	Electron Paramagnetic Resonance and Electron Spin Resonance	Superoxide radicals are measured by spin probes, quantifying the presence of stable adducts	Electron spin resonance signals	This assay is highly specific but requires expensive and/or inaccessible equipment	133, 134
Singlet Oxygen	Near-Infrared Phosphorescence	Decaying singlet oxygen dissipates thermal and light energy through phosphorescence	Infrared wavelengths measure	This assay is highly specific towards singlet oxygen, being a standard as it is non-invasive. However, it has weak signals and only moderate sensitivity	135, 136
Hydroxyl Radical	Electrochemical sensors	The reaction of hydroxyl radicals and their products are measured using a potentiostat's anodes.	Potential difference between electrodes	This assay yields quantifiable data with high sensitivity. Although, other redox species may affect the reading, as well as the equipment being damaged through fouling	137, 138
Peroxide	Fluorescence, Chemiluminescence, Electrochemical sensors, Spectrophotometry	Peroxide reacts with probes like DCFDA to form fluorescent products, or with peroxidases to generate colorimetric or chemiluminescent signals; electrochemical sensors detect redox activity	Fluorescence intensity, chemiluminescent output, electrode potential, absorbance change	Assays may be affected by interference from other oxidants and reducing agents; sensitivity varies among methods; fluorescence can lack specificity to H ₂ O ₂ alone; electrochemical sensors sensitive but may foul in complex samples	93, 139

is detected by neighboring cells, even of other species. This cell-to-cell communication causes a chain reaction of superoxide emission, activating acclimatization genes (101). Simultaneously, extracellular polymeric substances (EPS) are secreted into the surroundings. These polymers tend to be high-molecular-weight proteins and polysaccharides with notable adhesive properties. Functionally, they act as protection against oxidative stress and stimulate aggregation or flocculation. The result is a biofilm that buffers H₂O. Stressed cells may secrete up to 76% more EPS than normal (102). PET exposure activates both these

mechanisms, causing oxidative stress to be signaled to surrounding organisms and increasing biofilm viscosity.

DISCUSSION

Despite limited ambiguities, studies clearly demonstrate that *C. reinhardtii* possesses a degree of resistance against oxidative stress but is significantly impacted by PET microplastics. As *C. reinhardtii* is a well-established model organism for photosynthetic research, these findings provide robust insights into PET microplastic effects on unicellular photosynthetic

eukaryotes and strong inferences about responses in aquatic algae, terrestrial microorganisms, and, to some extent, land plants.

Some other microorganisms may be more sensitive to microplastics than *C. reinhardtii*. Not all algae possess robust oxidative stress response mechanisms – glaucophytes, rhodophytes, and endosymbiotic algae, for example, and these together account for some 40% of global carbon fixation (72, 103). Conversely, there exist species much more resilient to prolonged microplastic pollution than *C. reinhardtii* – *Chlorella vulgaris* (104), for example. As aquatic microplastics levels rise, such ecological contrasts suggest that functional species like *C. reinhardtii* could be displaced by more resilient taxa such as *Chlorella* and cyanobacteria, potentially leading to eutrophication, anoxia, and system-wide impacts on aquatic communities (26, 27, 105).

Mechanistic basis of PET-induced stress

Cell membranes are particularly sensitive to multimodal contamination – biofilm, osmotic interference, ion concentration change, chemical interaction, and ROS generation. Unicellular organisms have greater surface area to cytoplasm ratios than the mycorrhizal root symbioses of higher plants. Several studies have found microplastic exposure severely depletes rhizosphere fungal growth and the soil microbiome in general (106, 107). This suggests that the mechanisms identified in *C. reinhardtii*—particularly membrane and oxidative stress responses—are extrapolatable to soil microbiomes and root symbioses, and are directly relevant to those causing crop declines. Quantitative modeling remains unfeasible, however, because the foundational research base is fragmented, simple discrete advances are clustered while empirical voids lie unaddressed: we do not need more research—our research needs different goals (108).

Limitations of current knowledge and research gaps

A limitation of this review is that *C. reinhardtii* has mainly been studied in freshwater environments. The species also occurs naturally in saltwater and soil. In saltwater, dissociated sodium and chlorine ions could affect osmolarity signaling and ionic interactions. This could be explored through knocking out specific genes in *C. reinhardtii* or repeating the same conditions on different species. Weaknesses of published research include insufficient duration, ambient concentration, comparability of results, studies on seawater, and a lack of specific ROS assays.

Whilst it is possible to conduct longer duration studies with ambient PET concentrations, it is challenging to simulate dynamic aquatic ecosystems, variation of PET and metabolite concentrations, and fluctuating environmental conditions *in vitro*. Consequently, no model capable of isolating individual variables and predicting outcomes has yet been developed. A further limitation is the dearth of systematic data linking observed biochemical responses to observed community-level phenomena.

Assumed mechanism for PET-induced ROS formation

In ecosystemic processes, microplastics usually accumulate a biofilm and collect multiple species of microalgae and bacteria, generating complex interactions and effects. These effects are mostly negative, including shading, agglomeration, competition for nutrients, heavy cation concentration, and even algicidal toxin emission (14, 105). Despite these broader impacts, the direct photochemical and redox processes leading to PET-induced oxidative stress merit particular attention.

Many effects of PET exposure on photosynthesis are also under-researched. For example, a critical component of photosystem II is the OEC, containing a Mn_4CaO_5 cluster that is potentially vulnerable to cation sequestration and disrupted cellular cation homeostasis (109). Theoretically, PET exposure might shift the $NADP^+/NADPH$ equilibrium toward the oxidized state through reduced NADPH synthesis in PSII, and increased NADPH consumption by SODs and glutathione peroxidase. Real-time NADP(H) monitoring can be conducted *in vivo* but has not yet been applied to study PET exposure (110). Taken together, the mechanisms discussed thus far do not explain the multi-decade persistence of PET-induced stress responses in plants.

As discussed above, surface area increases supra-linearly with aging, but for PET, neither the age-to-area relationship, nor parametric controlling variables, nor surface morphology, nor surface electrochemistry have been quantitatively established, ruling out any systematic modeling of environmental or economic impact of PET dispersion in our biosphere. Even if surface area were correlated with impact, mitigation must be correlated with mechanism. Perhaps the largest gap in research is the mechanism by which PET, independent of leachates and ion imbalance, induces the Mehler reaction to produce superoxide radicals ($O_2^{\cdot-}$), as evidenced by elevated SODs and MDA.

Proposed mechanism for PET-induced ROS formation

Photochemical degradation of PET provides a plausible macro-link between molecular transformation and oxidative stress which consequently merits testing. Metal ions such as Zn^{2+} , Cu^{2+} , and Fe^{3+} become sorbed onto the surface of the PET. (111). Under UV-B radiation (280-315 nm), in the presence of liquid water, and possibly catalyzed by chelated metals such as Ti^{3+} , PET undergoes cleavage and hydrolysis, as the ester carbonyl groups absorb photons and undergo intersystem crossing from excited singlet state ($^1n,\pi^*$) to reactive triplet state ($^3n,\pi^*$), through Norrish type I and type II reactions to form vinyl esters, carboxylic acids, and hydroxyl radicals ($\cdot OH$) (112, 113, 114, 115). The reaction now becomes autocatalytic chain scission, yielding TPA (1,4-benzenedicarboxylic acid) and ethylene glycol (116).

Hydroxyl radicals react with TPA (117), initially to form 2-hydroxyl-terephthalic acid (H2BDC-OH) (118). Further hydroxylation produces 2,3-dihydroxyterephthalic acid (2,3-DHTPA). Other byproducts may include malonic, muconic, fumaric, and oxalic acids, depending on light and catalyst concentration (119, 120). Of these, malonic acid has been shown to inhibit mitochondrial succinate dehydrogenase (SDH) in animals (121). 2,3-DHTPA is a strong chelating ligand (122, 123) and chelates metal ions at the PET surface. Chelated 2,3-DHTPA self-catalyses to form 2,3-benzoquinone-1,4-dicarboxylic acid (124, 125). So far, most of this has been known and documented in chemical industry literature since the 1970s (126). Exactly which reactions follow next is unclear, but what is known is the following.

Some benzoquinone compounds specifically inhibit inter-photosystem electron transport. 2,3-Dimethyl-5-hydroxy-6-phytyl-1,4-benzoquinone, for example, is found to inhibit the bottleneck electron-transfer step between photosystems I and II (127). A variety of *p*-benzoquinones have been found to inhibit plastoquinone both at PS II and at PS I “on the ascorbate plus N,N,N',N' -tetramethyl-*p*-phenylenediamine \rightarrow methylviologen pathway” (128). Superoxides can form a semi-stable radical anion with 1,4-benzoquinone-2-carboxylic acid (129).

The fully decarboxylated derivative 2,3-benzoquinone binds at quinone-binding sites, particularly the Q_p site of cytochrome b_6/f complex (130). This causes the electron leakage cascade onto O_2^- , dismutation and, via unknown H_2O_2 -sensing proteins, results in CIA5 activation of the CCM. Thus, a mechanistic chain can be postulated linking PET photodegradation products to

direct interference in photosynthetic electron transport and consequent ROS generation.

In summary, neither PET nor TPA is inert after all, and further research should focus on their primary degradation and decomposition cascade and its perennial and holistic metabolic impact – the effects of TPA and its byproducts H2BDC-OH, 2,3-DHTPA, and their chelates and derivatives on cell membranes and both Calvin and Fenton cycle reactions, and potentially on DNA replication too.

CONCLUSION

This review has examined four modes of PET-induced oxidative stress in *Chlamydomonas reinhardtii*. PET has been demonstrated to cause ROS and exert oxidative stress, as well as inhibit photosynthesis and biosynthesis in *C. reinhardtii*. Some of the mechanisms behind these physiological responses are already proven, while others still require further investigation. Integration of chemical evidence and physiological data suggests that PET decomposition products, particularly benzoquinone derivatives, can disrupt electron transport and drive oxidative imbalances. A unifying research priority should be to mechanistically link PET decomposition products with observed physiological and ecological stress signatures.

C. reinhardtii is not particularly important to aquatic ecosystems and, as both a convenient model and representative of terrestrial plant life, is usually assessed alone and *in vitro*. It is therefore recommended that future research should investigate microbiome impact mechanisms, not just single species, should aim to replicate environmental conditions longitudinally, should implement more precise molecular assay techniques, should investigate the bioactivity of TPA and its decomposition products, and should quantify parameters and tolerances. Given the growing environmental burden of PET fiber disposal, approaching 50 million tonnes annually, science has a duty to inform legislators, and policymakers must direct research efforts toward quantifying the biospheric and economic consequences of inaction and establishing evidence-based regulations informed by mechanistic understanding.

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CONFLICT OF INTEREST

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